# **Recreation Guide**

WINTER/ SPRING 2020

January • February • March • April

Outdoor Activities

City News

Facility Rental Info

Aikijutsu & Basic Karate ADULTS

Star Puppy Training ADULTS

Cooking Classes

WIND UP FOR SPRINC!



Escondido Community Services

Photo courtesy of Tim Hodgson

# Register today with one of our amazing sports league partners!



### **Escondido Youth Baseball**

Registration Begins: November 1, 2019 Home Field: Kit Carson Park www.escondidoyouthbaseball.com



### **Escondido Girls Softball**

Registration Begins: October 1, 2019 Home Field: Kit Carson Park www.egsl.org/home



### Escondido American

Registration Begins: November 21, 2019 Home Field: Jesmond Dene Park www.escoamericanlittleleague.com



### Escondido National Little League

Registration Begins November 29, 2019 Home Field: Mountain View Park www.escondidolittleleague.org

# City of Escondido Winter-Spring 2020 Recreation Guide

# Message from the Director

Over the last year and a half, the City of Escondido has been diligently working to improve our parks and recreation facilities. More than \$1.3 million in grants, capital projects, and other funding sources have been spent on projects that have added amenities, refurbished existing ones, and enhanced the overall appearance of many of our parks. This is particularly evident at Washington Park where the bulk of the monies were used to revitalize this 55-year old park.

The renovations were completed in early July and included all areas of the park: the pool house, recreation building, ball field (seen on the inside cover), tennis courts, basketball courts, and other park enhancements. The pool house received a number of upgrades including paint, redesigned family-style park restrooms, new roofing, and new skylights. We are also working with a local Eagle Scout who is designing and constructing new towel racks. The most significant renovations were made to the recreation building that received new paint inside and out, a new roof, flooring, resurfaced cabinetry, exterior doors, windows, upgraded single use restrooms, a new patio with shade pergola, and a much-needed air conditioning system. The ball field improvements included grading the entire field, planting a new grass outfield, fencing throughout, upgraded lights for evening play that reduce light spilling into adjacent neighborhoods and enable better visual tracking of balls, upgraded dugout areas, and hardscaping (concrete) around the field to increase accessibility from the parking lot and, thanks to a donation from Classical Academy, to support new bleachers. The tennis courts were resurfaced with added Pickleball lines to increase use of the courts and new fencing was installed. The basketball courts were also resurfaced. Throughout the park, picnic benches were added to allow for family gatherings. Additionally, the sprinkler system was upgraded so that it can be remotely activated and adjusted saving staff time and employing water-smart conservation techniques.

The park improvements across the City are intended to enhance your user experience and generate hometown pride in the incredible amenities we have to offer. The goal of our department will be to increase activities in the park through recreation classes, day camps, aquatics, park/meeting space rentals, and special events year-round. I hope that you take time to visit Washington Park, and all of our parks, to explore all that they have to offer.

Joanna Axelrod Director of Communications & Community Services



innovative, and educational opportunities to unify our community. Energize Escondido!



The City of Escondido is a recognized partner of Live Well San Diego an organization that is committed, through a collective regional effort, to ensuring all residents are supported in making healthy choices, living in safe neighborhoods, and creating opportunities for all communities to grow and connect with one another to enjoy a high quality of life.

# Value 8 Community **Events** 9 Preschool 10 12 Youth Adults 17 Adult **Sports** 21 **Aquatics** 22

Facility

Outdoor

Activities

Recreation

Locations

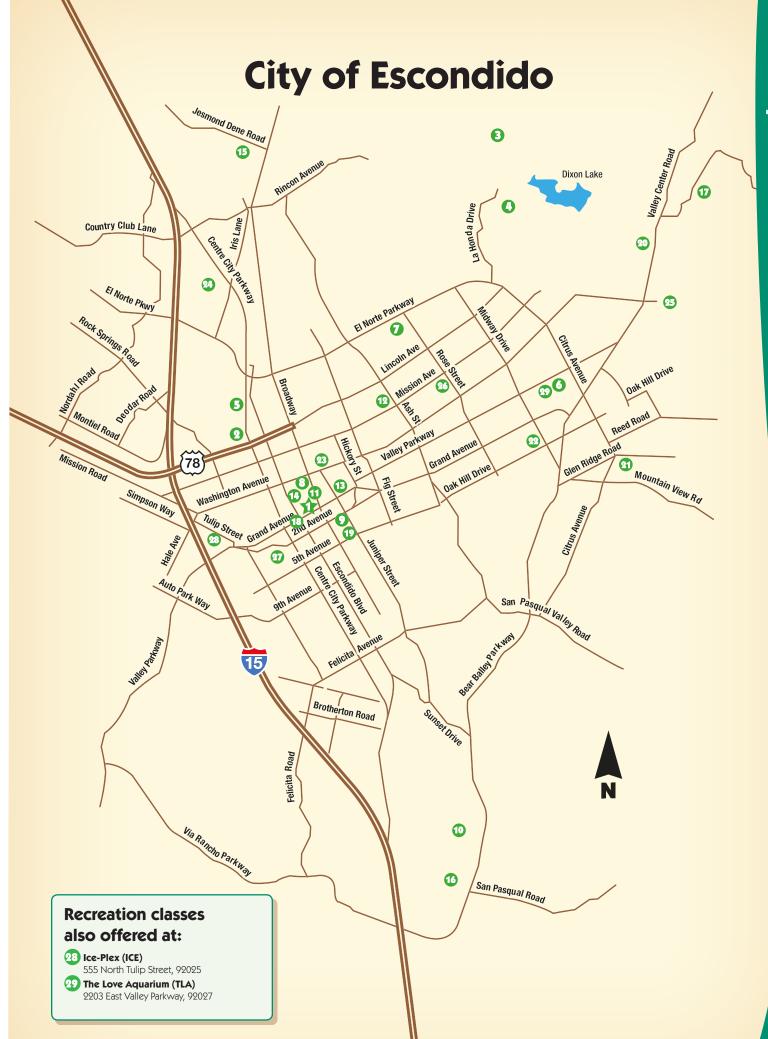
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Escondido Public Library 32

Registration Information 34

	The Community Services Department offers a wide variety of facilities and parks to rent on a first come, first served basis. Call (760) 839-4691 for more information.	Amphitheater	Auditorium	Ball Fields	Barbecue	Basketball Courts	Boating	Campground	Concessions	Dance Room	Disc Golf Course	Dogs Allowed (on leash)	Fishing	Fitness Course	Gymnasium	Hiking Trails	Historical Buildings	Hockey Arenas	Horseshoe Court	Indoor Meeting Spaces	Kitchen	Picnic tables	Playground/Tot Lots	Restrooms	Skate Park	Soccer Fields	Special Event Possibilities	Swimming Pools	Tennis Court
¥	<b>City Hall Meeting Facilities</b> 201 N Broadway, 92025																			•	•			•			•		
0	<b>Community Gardens</b> 408 West Lincoln Avenue, 92026																												
8	Daley Ranch House and Trails 3024 La Honda Drive, 92027											•				•	•			•				•			•		
4	Dixon Lake (DXN) 1700 La Honda Drive, 92027	•			•		•	•	•				•			•						•	•	•					
6	Escondido Police & Fire Headquarters (EPFH) 1163 North Centre City Parkway, 92026																			•				•					
0	East Valley Community Center (EVCC) 2245 East Valley Parkway, 92027					•				•					•					•	•		•	•			•		
0	<b>El Norte Park</b> 1375 East El Norte Parkway, 92027											•										•	•						
8	Don E. Anderson Community Building (DACB) 120 Woodward Avenue, 92025																						•	•					
0	<b>Escondido Public Library</b> 239 South, Kalmia Street, 92025																			•	•			•			•		
10	<b>Escondido Sport Center (ESC)</b> 3333 Bear Valley Parkway, 92025																	•						•	•	•			
0	<b>Grape Day Park</b> 321 North Broadway, 92025											•					•		•			•	•	•			•	•	
12	<b>Grove Park</b> 745 North Ash Street, 92027				•	•						•										•	•	•					
13	Heritage Garden 121 North Juniper Street, 92025																												
1	James A. Stone Pool (JSP) 131 Woodward Avenue, 92025																							•					
₿	<b>Jesmond Dene Park</b> 2401 North Broadway, 92026			•	•							•		•								•	•	•			•		
13	Kit Carson Park (KCP) 3333 Bear Valley Parkway, 92025	•		•	•				•		•	•		•		•						•	•	•		•	•		•
Ð	<b>Lake Wohlford</b> 25453 Lake Wohlford Road, 92025				•								•			•						•		•					
13	Maple Street Plaza Maple Street Between Grand Avenue and Valley Parkway, 92025											•										•					•		
1	Mathes Community Center (MCC) 247 South Kalmia Street, 92025									•										•				•					
20	Mayflower Dog Park (off leash) 3420 Valley Center Road, 92027											•															•		
21	Mountain View Park (MVP) 1160 South Citrus Avenue, 92027			•	•							•										•	•	•		•			•
22	Oak Hill Activity Center (OHAC) 405 South Midway Drive, 92027																			•		•		•			•		
23	Park Avenue Community Center (PACC) 210 East Park Avenue, 92025		•							•										•	•			•			•		
2	Rod McLeod Park (RMP) 1701 South Iris Lane, 92026				•							•										•	•	•					
23	<b>Ryan Park</b> 390 North Hidden Trails Road, 92027								•															•		•	•		
26	Washington Park (WP) 501 North Rose Street, 92027			•	•	•						•								•	•		•	•				•	•
<b>1</b>	Westside Park 333 South Spruce Street, 92025				•	•						•										•	•	•					



Facility & Park Locations



### Star Parties—"Stars in the Park"

Take in the night sky with your friends and neighbors with educational talks of the constellations, and view the universe as you have never seen before!

- Location: Dixon Lake Hilltop Picnic Area Sports Field (Near Park Entrance)
- Parking: Daley Ranch Parking Lot ADA Parking at Hilltop Picnic Area
- Dates/Times\*: February 18, 2020, 6:00–9:00 p.m. April 29, 2020, 8:00–10:00 p.m.

For all ages. In conjunction with San Diego Astronomy Association (SDAA) who will be bringing in telescopes for the event.

\*Weather permitting



#### Daley Ranch Hike With a Ranger Location: Daley Ranch

Daley Ranch Meet at Daley Ranch Parking Lot

Dates/Times\*: 9:00 a.m.

January 4, 2020 Creek Crossing & Chaparral Nature Trail; Easy to Moderate; 1.3 miles total

<u>February 1, 2020</u> Jack Creek Meadow Loop; Easy to Moderate; 4.2 miles total

<u>March 14, 2020</u> Sage & Stanley Peak; Moderate to Difficult; 5.5 miles total

<u>April 11, 2020</u> Crest, Cougar Ridge, & Boulder; Moderate to Difficult; 3.4 miles total

\*Weather permitting

For additional organized hikes on Daley Ranch, please visit escondido.org/daley-ranch-hikes.aspx



# Kit Carson Park Hike With a Ranger 🐙

Location:	Kit Carson Park
	Meet at Queen Califia Parking Lot
Parking:	Queen Califia Parking Lot

Dates/Times\*: 1st Saturday of each month 11:00 a.m.–12:00 p.m. January 4, February 1, March 7, April 4

For all ages. Easy hike.

\*Weather permitting



# Daley Ranch Open House

Daley Railcii House

Dates/Times\*: 2<sup>nd</sup> Sunday of each month 11:00 a.m.–2:00 p.m.

Parking: Daley Ranch Parking Lot

Approximately 1 mile from the La Honda entry is the Historic Daley Ranch House. On the 2nd Sunday of every month from 11:00 a.m.–2:00 p.m., the Ranch House is open to the public, at which time Ranger Staff and Docents provide information and insights into the history of the ranch. Steady rain cancels.

\*Weather permitting

(760) 839-4691 / recreation.escondido.org / f @CityofEscondido / @@CityofEscondido / FOLLOW US!



#### Intro to Outdoor Rock Climbing Workshop • Ages 13+

Experience the great outdoors in a new and fun way! Introduction to Outdoor Rock Climbing will focus on fundamental technique, safety instruction, and equipment overview with professionally trained guides from the American Mountain Guide Association. Climbing Rated Gear and parking is provided in cost of program. Workshop will meet at Trout Cove Parking lot at Dixon Lake. Parking fee not included.

#### Instructor: Golden State Guide Staff

Sa	10:00 a.m.–12:00 p.m.	*2/1	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*2/15	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*2/29	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*3/14	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*3/28	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*4/11	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*4/25	\$50	DXN

\*Weather permitting



# **Dixon Lake Fishing Permit Information**

A California fishing license is not required to fish at Dixon Lake, but you must purchase a daily fishing permit each day from the concession stand before you start to fish.

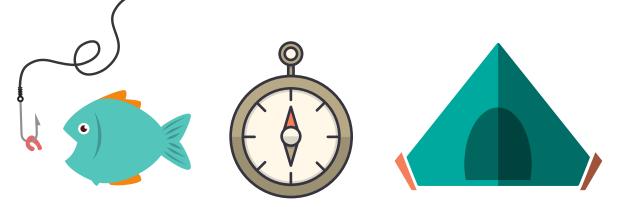
#### For updated fishing reports follow us at: www.facebook.com/dixonlakecitypark



# **Dixon Lake Camping Information**

For information and reservations visit www.camplife.com and enter Dixon Lake in the search field. You can also call the Dixon Lake Reservation Line at (760) 839-4045 Monday through Friday, 7:00 a.m. to 4:00 p.m. Our friendly staff will be glad to help you with your reservations.

For more information, visit escondido.org/ Dixon-Lake-camping-information.aspx



# Check out all the exciting activities the whole family can enjoy for little to no cost!

# **FREE Recreation Activities & Classes**

- Disc Golf Course, KCP, page 4
- Tennis Courts, WP, MVP, & KCP, page 4
- Pickleball, WP & KCP, page 4
- Refit Revolution, free trial class, page 19
- Pound Rockout Workout, free trial class, page 19
- Rev+Flow, free trial class, **page 20**
- Escondido Skate Park First Try Sundays, page 25
- Senior programs, page 28-29

## **Low Cost Recreation Activities**

- After School Program, \$12, page 13
- Adult Pickup Hockey \$2, page 21
- Escondido Skate Park (scooter, bike, inline, skate), \$10, page 25
- Pee Wee Playtime, \$3, page 26
- EVCC Open Gym (basketball, volleyball, badminton, pickleball), \$3, **page 26**

# After School Education & Safety (ASES) Program

Applications available at the schools, City Hall, or online.

- Schools: Juniper, Oak Hill, and Rock Springs
- Grades: Kindergarten-5th Grade

#### Cost: FREE!

**Details:** Monday-Friday

6:30 a.m.–Start of school End of school–6:00 p.m.

#### **Program highlights:**

- Academic Support Time (homework)
- STEM Activities (Science, Technology, Engineering, & Math)
- Physical & Social Development Activities
- Safe & Supportive Environment
- Enrichment Activities
- Special Events

#### For more information, visit recreation.escondido.org or call (760) 839-5483

A partnership of



### **FREE City-sponsored Community Events**

- Creek to Bay Clean-up Event For more information visit www.creektobay.org
- Eco Life Aquaponic Tours Every third Friday of the month. For more information visit www.ecolifeconservation.org/events
- Escondido Public Library For more information, see pages 32–33 or visit www.escondidolibrary.org
- Free Composting Workshop February 8, 2020, 8:30–10:00 a.m. at Escondido Community Garden
- WaterSmart Landscape Makeover Series For more information visit: landscapemakeover.watersmartsd.org/design\_workshop
- Queen Calafia

Regular (non-holiday) Open Hours: Tuesdays and Thursdays: 9:00 a.m.–12:00 p.m. 2<sup>nd</sup> and 4<sup>th</sup> Saturdays: 9:00 a.m.–2:00 p.m. Free entrance. Weather permitting. For more info, please call (760) 839-4000.



# **Escondido's Restaurant Week** March 22–28, 2020 **DOZENS OF RESTAURANTS!** A WEEK OF DELICIOUS!



No tickets needed... just show up, order the special, make new memories and help kids!

Whether you're looking for craft beer foodie pairings, local farm-to-fork delights, chef-owned culinary experiences, international flavors, high tea or home cooking... Escondido's fantastic restaurants have something for everyone!

Follow us @VisitEscondido on Instagram and Facebook for awesome foodie pics and great dining ideas!

# **#DineOutEscondido**



Aquaponics is the science of raising fish and plants in a recirculating environment.

This method of food production saves 90% of the land and water of traditional agriculutre.

Come learn the science of aquaponics and how it could be the future of feeding a growing

EVERY THIRD FRIDAY - 10 AM - NORTH ESCONDIDO contact: cgoering@ecolifeconservation



Visit this fantastic collection of unique events at the eclectic art galleries of Escondido's historic downtown as well as diverse and interactive experiences in arts, theater, museums, and historical and educational fun all around the area... and all throughout the day.

### **Escondido History Center**

The collections, exhibitions and programs of the Escondido History Center provide a captivating window into the cultural heritage of Escondido.

321 North Broadway • 1:00-4:00 p.m.

escondidohistory.org • (760) 743-8207

#### Stone and Glass

For more community events in Escondido visit www.visitescondido.com/full-calendar

Free glass blowing demonstrations at Escondido's only hot glass studio and gallery. Get a behind the scenes look at the ancient art of glass blowing. Demonstrations at 4:30 and 6:00 p.m. on the second Saturday of each month

# **Escondido Arts Partnership** Municipal Gallery

Enhancing the quality of life in the Southern California region through offering diverse artistic, education, social and entertainment experiences.

262 East Grand Avenue • 11:00 a.m.-8:00 p.m.

escondidoarts.org • (760) 480-4101

#### For more info and events visit www.visitescondido.com/2nd-saturday

Explore! Experience! Enjoy!



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# LEARN • GROW • PLAY

Tiny Tots Preschool prepares your little one for Kindergarten by encouraging exploration, academic development, and positive social interaction. Designed with learning in mind, the curriculum is based on California Common Core Standards. Children often learn through play, therefore classroom activities will include a variety of music, creative movement, art, science, social interaction, cultural awareness, language, math, pre-writing, pre-reading, field trips, and dramatic play.

Little Tots and Super Tots are considered a continuous yearlong program that is divided into monthly classes for the ease of payment. Therefore, participants are enrolled for the duration of the 2019/2020 school year provided they maintain their eligibility.

#### **Class Location**

Don Anderson Community Building (DACB) 120 Woodward Avenue Instructors: Ms. Kathie & Ms. Mani

#### **Program Information**

- Registration packets available at City Hall, EVCC, or at recreation.escondido.org
- In-person registration required
- Classes 8/26/2019-5/29/2020
- Parent participation is required

#### Little Tots 3–4 years

Tuesday & Thursday	8:15–10:30 a.m.	DACB
Wednesday & Friday	8:15–10:30 a.m.	DACB

#### Super Tots 4–5 years (Full—Waitlist only)

Monday, Wednesday, & Friday	11:15 a.m2:00 p.m.	DACB
Tuesday & Thursday	11:15 a.m2:00 p.m.	DACB

#### Wee Tots

#### 3/4/5 Weeks • Ages 18 months-31/2 years

More than a play group, each class is an opportunity to learn and grow. This class is led by an experienced preschool teacher that develops Activities to inspire creative thinking, encourage social interaction and build academic understanding. Parent participation is required.

January	Μ	9:00–10:30 a.m.	*1/6-1/27	\$34	DACB
February	Μ	9:00–10:30 a.m.	*2/3-2/24	\$34	DACB
March	Μ	9:00–10:30 a.m.	3/2-3/30	\$34	DACB
April	Μ	9:00–10:30 a.m.	*4/6-4/27	\$34	DACB

# For more information, visit recreation@escondido.org or call (760) 839-4691



# **Little Sprouts**

#### 4/3 Weeks • Ages 18 months-31/2 years

Bring your little sprout and join us for a fun and unique class that is designed to get your little sprout ready for preschool. This hands on class will provided fun and engaging activities. Parent participation required.

#### Instructor: Melissa Mayorga

Session 1				
W	9:00–10:30 a.m.	1/8-1/29	\$45	EVCC
F	9:00–10:30 a.m.	1/10-1/31	\$45	EVCC
Session 2				
W	9:00–10:30 a.m.	2/5-2/26	\$45	EVCC
F	9:00–10:30 a.m.	2/7-2/28	\$45	EVCC
Session 3				
W	9:00–10:30 a.m.	3/4-3/25	\$45	EVCC
F	9:00–10:30 a.m.	3/6-1/27	\$45	EVCC
Session 4				
W	9:00–10:30 a.m.	*4/1-4/29	\$45	EVCC
F	9:00-10:30 a.m.	*4/3-4/24	\$34	EVCC

\* No class on 4/8 & 4/10

### **Parent and Me Learning Adventures**

#### 8 Weeks • Ages 18 Months-3 Years

Introduce "preschool" to your little one with the comfort of you by their side! Participate in circle time, songs, social interaction, learning activities, story time, and arts and crafts—all designed to make learning fun!

#### Instructor: Charlene's Dance N Cheer

Tu	10:45–11:30 a.m.	1/14-3/3	\$89	EVCC
Tu	10:45–11:30 a.m.	3/10-4/28	\$89	EVCC

#### **Preschool Ballet**

#### 8 Weeks • Ages 3-5

Children will be introduced to the basics of ballet including positions, steps, and terminology in a fun and imaginative atmosphere designed to make learning ballet fun! Children will also learn a ballet dance routine to perform at the end of the session.

#### Instructor: Charlene's Dance N Cheer

Т	10:00–10:30 a.m.	1/14-3/3	\$79	EVCC
Т	10:00-10:30 a.m.	3/10-4/28	\$79	EVCC

#### **Preschool Acro/Jazz Dance**

#### 8/7 Weeks • Ages 3-5

Introduce your little ones to the style of dance often seen in shows like "World of Dance", "So you think you can Dance" and "Cirque du Soleil." Children will learn balance work, stretching and tumbling skills, combined with Jazz dance tricks such as turns leaps and more!

#### Instructor: Charlene's Dance N Cheer

Sa	12:00–12:30 p.m.	1/18-3/7	\$79	MCC
Sa	12:00–12:30 p.m.	3/14-4/25	\$69	MCC

### **Preschool Hip Hop Dance**

#### 8 Weeks • Ages 3-5

Learn to dance like your favorite pop star! Students will do fun warm-ups, across the floor exercises/combos and learn dance routines/choreography to radio hits, performing several routines at their end of the session for family and friends!

#### Instructor: Charlene's Dance N Cheer

Т	10:30–11:00 a.m.	1/14-3/3	\$79	EVCC
Т	10:30–11:00 a.m.	3/10-4/28	\$79	EVCC

# Parent and Me Music & Creative Movement

#### 8 Weeks • Walkers–3 years

Your child will enjoy elements of dance, tumbling, preschool songs, and movement with you by their side! These classes begin at the age of walking toddler and incorporate play, fun props, movement, music, dance and more in an encouraging atmosphere to get your youngster moving and grooving!

#### Instructor: Charlene's Dance N Cheer

Th	4:00-4:30 p.m.	1/16-3/5	\$79	EVCC
Th	4:00-4:30 p.m.	3/12-4/30	\$79	EVCC

# Preschool Pop Stars Dance & Sing

#### 8/7 Weeks • Ages 2-3

Let your inner pop star shine in this unique hip hop/ jazz dance and sing along class! Children will learn fun choreographed dance routines to their pop faves while singing along and performing at the end of the session!

#### Instructor: Charlene Dance N' Cheer Staff

Sa	10:30-11:00 a.m.	1/18-3/7	\$79	MCC
Sa	10:30-11:00 a.m.	3/14-4/25	\$69	MCC

### Preschool Cheerleading, Dance & Tumble

#### 8 Weeks • Ages 2–3

GO! FIGHT! WIN! Cheerleaders will use pom poms and learn the fundamentals of cheer and dance technique including stretching, jumps/kicks, beginner stunting, voice projection, cheers, arm motions, sideline dances, and a full routine! Cheerleaders will also perform all they have learned for family and friends on the last day of the session.

#### Instructor: Charlene's Dance N Cheer

Th	4:30-5:00 p.m.	1/16-3/5	\$79	EVCC
Th	4:30–5:00 p.m.	3/12-4/30	\$79	EVCC

#### **Little Ninjas Karate**

#### 4 Week • Ages 2-3

Preschoolers will begin to learn basic kicks, punches, blocks, & stance. Karate will help in the development of motor skills, balances, and coordination. Children will also be taught to make good choices, listen, and to follow direction.

#### Instructor: Jorge Lopez, 4th Degree black belt

Т	10:00–10:45 a.m.	1/7-1/28	\$65	EVCC
Т	10:00–10:45 a.m.	2/18-3/10	\$65	EVCC
Т	10:00–10:45 a.m.	3/31-4/21	\$65	EVCC

\*Parent participation is required

### **Get Smart with Art**

#### 5 Weeks • Ages 2–5

Exciting art class for young children and their adult helpers! Create multi-media art together inspired by famous artists and illustrators while building learning skills, motor skills, critical thinking, and creativity. Explore unique age-appropriate art materials and techniques. New lessons each session! Adult participation is required.

#### Instructor: Vivian Matchett

Sa	10:00-10:45 a.m.	*1/4-2/8	\$65	EVCC
Sa	10:00–10:45 a.m.	2/22-3/21	\$65	EVCC
Sa	10:00–10:45 a.m.	3/28-4/25	\$65	EVCC

\*No class on 1/18

### **Baby/Toddler Ballet**

#### 8 Weeks • Walkers–3 years

Designed for our youngest of dancers, join us for tons of fun in this parent and me participation dance class! Children will be introduced to the basics of ballet in a fun and imaginative atmosphere with the comfort of a loved one by their side! We will use props, music, and play to teach ballet.

#### Instructor: Charlene's Dance N Cheer

<u>Session 1</u>				
Т	9:30–10:00 a.m.	1/14-3/3	\$79	EVCC
Т	4:30–5:00 p.m.	1/14-3/3	\$79	EVCC
<u>Session 2</u>				
<u>Session 2</u> ⊺	9:30-10:00 a.m.	3/10-4/28	\$79	EVCC

### Tiny Tots Gymnastics Parent & Me 3/4 Weeks • Ages 2–4

Bring your little tumblers and join us for some fun group play time. Each week offers new stations for your toddler to explore and develop their large motor skills. Your child will learn beginning gymnastics starting with rolls then moving to handstands. Boys and girls are welcome!

#### Instructor: Flip to Cheer Staff

#### Session 1

Th	9:55–10:30 a.m.	1/23-2/13	\$45	WP
Th	4:40–5:15 p.m.	1/23-2/13	\$45	WP
Session 2				
Th	9:55–10:30 a.m.	3/5-3/26	\$45	WP
Th	4:40–5:15 p.m.	3/5-3/26	\$45	WP

\*Parent participation is required

### **Tiny Tots Ice Skating**

#### 8 Weeks • Ages 3–6

This class is designed for little ones who would like to try ice skating. They will learn basic skating skills through games and creative drawings on the ice. The emphasis is fun and building confidence on the ice.

#### Instructor: Ice-Plex Staff

Session	1

W	5:30–6:00 p.m.	1/8-2/26	**\$85	ICE
F	4:30–5:00 p.m.	1/10-2/28	**\$85	ICE
Session 2				
W	5:30-6:00 p.m.	3/4-4/22	**\$85	ICE
F	4:30–5:00 p.m.	3/6-4/24	**\$85	ICE

\*\*Includes skate rental & public skating from 3:00–5:00 p.m. on day of class

# **Tiny Tykes Soccer**

#### 8 weeks • Ages 2–5

Tiny Tykes is a new and exciting program that teaches basic soccer skills while developing strength, balance, coordination, listening skills, and teamwork for children. The curriculum has been developed by soccer experts, child development professionals and experienced coaches, ensuring a positive soccer experience for your child!

#### Instructor: Challenger Sports

				:	<u>-363</u>
Th	9:45-10:30 a.m.	2/6-3/26	**\$100	EVCC	2–3
Th	10:45–11:30 a.m.	2/6-3/26	**\$100	EVCC	4-5

\*\*\$20 material fee due at first class for soccer jersey, shorts, and ball (cash or check accepted, payable to "Challenger Sports"). Returners either receive a Lenny the Lion soft toy or a TT Backpack.

Δσρς



# Wednesday, April 5, 2020 • 12:00 p.m. California Center for the Arts Escondido

Students enrolled in the Winter-Spring 2020 Ballet and Irish Dance sessions will be invited to participate in this recital. Please see page 13 for registration information.

# Meet the Instructors



# **Cindy** Ahler

Cindy has been teaching Ballet for 32 years—29 of these have been spent right here with Escondido Recreation. She was introduced to Ballet while attending classes with Oceanside Parks and Recreation, and the rest was history. Ballet is a highly structured and methodical dance. Cindy loves to pass on this rich history and tradition to her students of all ages. Out of the 29 recitals she has held with the City of Escondido, one of her favorite memories was when the 150 students went out for their curtain call a 4 year old pre-ballet student shouted "THAT WAS THE BEST EXPERIENCE OF MY LIFE!" We hope you decide to join us for the 30<sup>th</sup>!

**Jessica Eaton** Jessica is one of our newest instructors here with the City of Escondido and quickly her class has taken off with enrollment of all ages. She got started in Irish dance through her home town Parks and Rec department in Northern California. "I tried out a beginner class and fell in love with it and 20 years later I'm still dancing!" One of the things she likes most about Irish dance is that, you feel like you're flying because there are a lot of high jumps and so much movement. When Jessica isn't dancing around the City, she enjoys playing music and has been playing local shows around San Diego since 2011.



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# **BALLET RECITAL**

Dress Rehearsal: Thursday, April 2, 2020 Recital: Sunday, April 5, 2020

Students enrolling in Winter/Spring ballet classes will participate in the annual Ballet Recital. A costume fee of \$40 will be due to the instructor the last week in January.

#### **Ballet & Recital**

#### 13 Weeks • Ages 4-Adult

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

#### Instructor: Cindy Ahler

Pre-	Pre-Ballet Ages					
Sa	9:30–10:15 a.m.	1/11-4/4	\$130	EVCC	4–5	
Begi	inning Ballet					
Sa	10:15–11:15 a.m.	1/11-4/4	\$130	EVCC	6–10	
Balle	et 1/2/3 (pre-requisite	Beginning	Ballet)			
Sa	11:15 a.m12:15 p.m.	1/11-4/4	\$130	EVCC	7–10	
Adv	anced Ballet					
W	4:30–5:45 p.m.	1/8-4/1	\$130	EVCC	**10-Adult	
<u>Poin</u>	ite					
Μ	4:30–5:45 p.m.	*1/6-3/30	\$130	EVCC	**10-Adult	
*No	*No class on 1/20 & 2/17. Makeup days TBD.					
**In:	structor approval requ	ired				

#### **Irish Dance**

#### 8/9 Weeks • Ages 8-Adult

Want to learn how to do a jig? Come learn jigs, reels hornpipes, and more, while getting in great shape and having fun! Join now to start preparing for our Spring recital on April 15, 2020 at the California Center for the Arts!

#### Instructor: Jessica Eaton

Т	5:00-6:00 p.m.	1/7-2/25	\$68	EVCC
Т	5:00-6:00 p.m.	3/3-4/28	\$68	EVCC

# After School Program

Grades 1–5\* • North Broadway • Reidy Creek

#### **Program Highlights**

- Homework time available
- Games & sports
- Arts & crafts
- Special events

#### Details

- Monday-Friday after school until 6:00 p.m.
- \$12/day (drop-in)
- North Broadway: Room 32
- · Reidy Creek: MPR

\*PM Kindergarteners welcome with approval.

For more information, call (760) 839-5483 or visit recreation.escondido.org

# Junior Hip Hop Dance

#### 8/7 Weeks • Ages 4-9

So you think you can dance? Learn hip-hop techniques, combinations, and several dance routines in preparation for an end of session showcase for family and friends in this fun, high-energy, age-appropriate class.

#### Instructor: Charlene's Dance N Cheer

Sa	11:00 a.m12:00 p.m.	1/18-3/7	\$89	MCC
Sa	11:00 a.m12:00 p.m.	3/14-4/25	\$79	MCC

### Junior Pop Stars Dance & Sing

#### 8 Weeks • Ages 4-9

Let your inner pop star shine in this unique hip hop/ jazz dance and sing along class! Children will learn fun choreographed dance routines to their pop faves while singing along and performing at the end of the session!

#### Instructor: Charlene's Dance N Cheer

Т	5:00-6:00 p.m.	1/14-3/3	\$89	EVCC
Т	5:00-6:00 p.m.	3/10-4/28	\$89	EVCC

#### **Junior Storybook Musical Theatre & Dance** 8 Weeks • Ages 4-10

Casting all boys and girls! Let your inner star shine! Children will explore fun acting exercises/games and learn a song, acting lines, and dance choreography from a popular musical in preparation for an end of the season performance of an abridged play! Costumes to borrow are included.

#### Instructor: Charlene's Dance N Cheer

Т	6:00–7:00 p.m.	1/14-3/3	\$89	EVCC
Т	6:00–7:00 p.m.	3/10-4/28	\$89	EVCC





**Escondido** Community

# **Little Ninjas Karate**

#### 4 Week • Ages 4–7

Begin to learn basic kicks, punches, blocks, & stance. Karate will help in the development of motor skills, balances, and coordination. Children will also be taught to make good choices, listen, and to follow direction.

#### Instructor: Jorge Lopez, 4th Degree black belt

Т	11:00–11:45 a.m.	1/7-1/28	\$65	EVCC
Т	11:00–11:45 a.m.	2/18-3/10	\$65	EVCC
Т	11:00–11:45 a.m.	3/31-4/21	\$65	EVCC

\*Uniform is required for ages 4-7 (\$27)

## **Gymnastics Tumble Kids**

#### 4 Weeks • Ages 5–12

Let's tumble! Learn all aspects of basic tumbling including somersaults, handstands, cartwheels, round-offs, and more. Students develop skills using fun mats, floor balance beams, and small trampolines. Great for both boys and girls.

#### Instructor: Flip to Cheer Staff

Sess	<u>ion 1</u>				Ages
Th	5:20-6:05 p.m.	1/23-2/13	\$55	WP	5-7
Th	6:10-6:55 p.m.	1/23-2/13	\$55	WP	8–12
<u>Sess</u>	<u>ion 2</u>				
Th	5:20-6:05 p.m.	3/5-3/26	\$55	WP	5–7
Th	6:10-6:55 p.m.	3/5-3/26	\$55	WP	8–12

# Lil' Chefs

#### 3 Weeks • Ages 6-9

Your chef will have fun learning the basics of cooking. Together they will take turns mixing, stirring, whisking, and peeling to make delicious homemade food such as: mini crustless quiches, salad on a stick with homemade ranch sauce, Italian paninis, and more. All levels are welcome! At the end of the class kids taste/eat what they made during the class.

#### Instructor: Celine Cossou

F	3:00–4:30 p.m.	3/13-3/27	*\$59	EVCC

\*\$10 Non-refundable material fee due at first class (cash only)

# Yes, I Can Cook & I Can Bake Cam

#### 1 Week • Ages 6–13

This Spring break get your kids outside your house and inside our kitchen! This new exciting 2 hour camp (4-day) is perfect for kids who want to have fun in the kitchen, make new friends and learn how to create their favorite foods! Kids will make and eat a new dish during every class.

#### Instructor: Celine Cossou

M-Th	10:00 a.m12:00 p.m.	4/6-4/9	*\$99	EVCC
*\$10 N	lon-refundable material fe	ee due at first	class (cash	only)

#### **Paint Party**

#### Workshop • Ages 7-Adult\*

Are you ready for creative family fun? Paint events have been gaining popularity, but now it is time for the whole family! In this workshop, with step-by-step instructions, you will create a work of art on a canvas. No experience is necessary, just a touch of creative adventure and a good sense of humor. Parent participation is required.

#### Instructor: Kari Aellig, experienced art instructor

Sa	1:30-4:00 p.m.	1/25	**\$20	EVCC
Sa	1:30-4:00 p.m.	2/22	**\$20	EVCC
Sa	1:30-4:00 p.m.	3/28	**\$20	EVCC
Sa	1:30–4:00 p.m.	4/25	**\$20	EVCC

\*It is required for ages 7–12 to attend with an observing or enrolled adult

\*\*\$5 non-refundable material fee due at workshop (cash only)

#### Video Game Design

#### 6 Weeks • Ages 8-15

You play them, now learn how to design them! This course explores the entire video game development process. Students design and create their own video game, which they can take home and play. Computers are provided for classroom use.

#### Instructor: Creative Brain Learning Staff

W 5:00-5:50 p.m. 1/22-2/26 **\$70 EVC	CC
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\*\*\$20 non-refundable material fee due at first class (cash only)

#### Intro to Computer Coding

#### 6 Weeks • Ages 7-12

This introduction to computer coding lets participants explore basic concepts of coding. Participants snap together logical coding statements as they would LEGO<sup>®</sup> materials. Join for the fun and science and end up creating your own computer programs.

#### Instructor: Creative Brain Learning Staff

W 4:00-4:50 p.m. 1/22-2/26 **\$70 EVC	CC
---------------------------------------	----

\*\*\$20 non-refundable material fee due at first class (cash only)

#### Intro to Anime Drawing

#### 6 Weeks • Ages 8-15

Are you a fan of Japanese anime? If so, this class is for you! Students explore anime drawing in simple steps and develop their very own anime characters and stories.

#### Instructor: Creative Brain Learning Staff

W 7:00-7:50 p.m. 1/22-2/26	**\$70 EVCC
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\*\*\$20 non-refundable material fee due at first class (cash only)

#### **Cartoon Drawing**

#### 6 Weeks • Ages 8-15

Learn the secrets of cartoon drawing and create your own cartoon story in this unique art class. Students will learn to draw cartoon characters and other elements.

#### Instructor: Creative Brain Learning Staff

W 6:00-6:50 p.m. 1/22-2/26 **\$70 EV0
---------------------------------------

\*\*\$20 non-refundable material fee due at first class (cash only)

# Junior Cheerleading, Dance & Tumble

#### 8 Weeks • Ages 5-10

GO! FIGHT! WIN! Cheerleaders will use pom poms and learn the fundamentals of cheer and dance technique including stretching, jumps/kicks, beginner tumbling, voice projection, cheers, arm motions, sideline dances, and a full routine! Cheerleaders will also perform all they have learned for family and friends on the last day of the session.

#### Instructor: Charlene's Dance N Cheer

Th	5:00-5:50 p.m.	1/16-3/5	\$89	EVCC
111	5.00-5.50 p.m.	1/10-3/5	90 <del>9</del>	EVCC
Th	5:00–5:50 p.m.	3/12-4/30	\$89	EVCC
	Chefs Themes 9-13			

If your child loves watching cooking TV shows, helps in the kitchen, and knows some basic cooking, these new handson cooking classes for kids are a great opportunity for young chefs to learn new cooking techniques, discover new ingredients, and taste new food. Kids will peel, chop, mix, and make delicious homemade food such as: caprese stuffed bread with homemade dough, savory zucchini cheese muffins, panzanella Italian salad... and more. At the end of the class kids taste the food they made together!

#### Instructor: Celine Cossou

F	5:15-6:45 p.m.	3/13-3/27	*\$59	EVCC

\*\$10 Non-refundable material fee due at first class (cash only)

# Young Bakers

#### 3 Weeks • Ages 9-13

If your child loves watching baking TV shows and wants to bake amazing desserts, this new baking class is a great opportunity for him/her to learn new baking techniques. Under a French born instructor, kids work as a team mixing, stirring, whipping, measuring, weighing ingredients, and making delicious treats from scratch such as: apple turnovers, French cookies, huge chocolate chip cookies and more... All levels are welcome. At the end of the class kids eat what they make during the class.

#### Instructor: Celine Cossou

\*\$10 Non-refundable material fee due at first class (cash only)

# Music15 Choir<sup>2</sup>

#### 8 Weeks • Ages 12–18

Looking for a fun music activity with friends? Join our Music15 Choir, singing favorite classics while working on technique and harmony. Bring pencil and a music binder.

#### Instructor: Gina Seashore

Sa	10:45–11:45 a.m.	*1/11-3/7	\$80	EVCC
Sa	10:45–11:45 a.m.	*3/14-5/9	\$80	EVCC
- X X X	0/45 0 4/44			

\*No class on 2/15 & 4/11

### Music15 Guitar

#### 8 Weeks • Ages 5-18

Learn chords and rhythms to your favorite songs. More advance students learn fingerstyle and melodies. Bring a music stand, pencil, folder, and footrest.

#### Instructor: Alex Tapia

#### Level 1/2 (First time and Beginning students)

Sa	9:00-9:45 a.m.	*1/11-3/7	\$80	EVCC
Sa	9:00-9:45 a.m.	*3/14-5/16	\$80	EVCC
Level 2				
Sa	9:45-10:30 a.m.	*1/11-3/7	\$80	EVCC
Level 3				
Sa	9:45-10:30 a.m.	*3/14-5/16	\$80	EVCC
5 AT 1	0/45 4/44 8 5/8			

\*No class on 2/15, 4/11, & 5/2

#### Music15 Piano

#### 8 Weeks • Ages 5-18

Learn fun songs basic notes and finger patterns. Bring pencil and a music binder.

#### Instructor: Gina Seashore

Leve	el 1 ( First time stu	udents)			Ages
Sa	10:00–10:30 a.m.	*1/11-3/7	\$60	EVCC	5-8
Tu	4:00–4:30 p.m.	1/14-3/3	\$60	EVCC	5-8
Tu	4:00–4:30 p.m.	3/10-4/28	\$60	EVCC	5-8
Leve	<u>:  2</u>				
Sa	9:00–9:30 a.m.	*1/11-3/7	\$60	EVCC	5-8
Sa	9:30–10:00 a.m.	*1/11-3/7	\$60	EVCC	9–18
Tu	4:30–5:00 p.m.	1/14-3/3	\$60	EVCC	5-8
Tu	5:00–5:30 p.m.	1/14-3/3	\$60	EVCC	5-8
Tu	5:30–6:00 p.m.	1/14-3/3	\$60	EVCC	9–18
Sa	10:00–10:30 a.m.	*3/14-5/9	\$60	EVCC	5-8
Leve	<u>:  3</u>				
Tu	4:30–5:00 p.m.	3/10-4/28	\$60	EVCC	5-8
Tu	5:00–5:30 p.m.	3/10-4/28	\$60	EVCC	5-8
Tu	5:30–6:00 p.m.	3/10-4/28	\$60	EVCC	9–18
Sa	9:00-9:30 a.m.	*3/14–5/16	\$60	EVCC	5-8
Sa	9:30–10:00 a.m.	*3/14-5/16	\$60	EVCC	9–18

\*No class on 2/15 & 4/11

#### Tae Kwon Do

#### 12 Weeks • Ages 6-Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial arts of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Judo (throwing and grappling), and basic weapons. Become more confident and learn basic self-defense techniques.

#### Instructor: Skip Leonard, 6th Degree Black, Certified by WTF

M/Th	5:00-6:00 p.m.	*1/2-3/30	**\$110	MCC
M/Th	6:15–7:15 p.m.	*1/2-3/30	**\$110	MCC
M/Th	7:30-8:30 p.m.	*1/2-3/30	**\$110	MCC
M/Th	5:00-6:00 p.m.	*4/2-6/18	**\$110	MCC
M/Th	6:15–7:15 p.m.	*4/2-6/18	**\$110	MCC
M/Th	7:30-8:30 p.m.	*4/2-6/18	**\$110	MCC

#### \*No class on 1/20, 2/17, & 5/25

\*\*Martial arts uniform is required and may be purchased from the instructor for \$20 (cash only) 

# **Beginning Ice Skating**

#### 8 Weeks • Ages 6–17

This class is designed for kids who would like to try ice skating. They will learn basic skating skills through creative games and drawings on the ice. The emphasis on this class is to learn basic skating skills and safety while having fun! Includes skate rental & public skating from 3:00-5:00 p.m. on day of class.

#### Instructor: Ice-Plex Staff

#### Session 1

<u> 36331011 1</u>				
W	5:30–6:00 p.m.	1/8-2/26	\$85	ICE
F	4:00-4:30 p.m.	1/10-2/28	\$85	ICE
Session 2				
W	5:30-6:00 p.m.	3/4-4/22	\$85	ICE
F	4:00-4:30 p.m.	3/6-4/24	\$85	ICE

#### Safety Academy

#### Workshop • Ages 6-13

This safety program for children held at Escondido Police Headquarters was developed by Escondido Police Officers. The goal of the workshop is to keep your children safe and motivate them to lead productive and healthy lives. The following topics will be covered: general safety, fire safety, how to react in an emergency situation, antibullying, drug avoidance, gang avoidance, gun safety and avoidance, abduction avoidance, and simple self-defense techniques to allow your child to escape an attacker. Lunch will be provided.

#### Instructor: Retired Lieutenant Al Owens, Seargent Mario Sainz, Officer Adam Martinez, Detective Theresa Ruiz, & EPD volunteers Dee Russell and Joe Olivero

					Ages
Sa	9:00 a.m1:00 p.m.	2/1	\$32	EPFH	6-9
Sa	9:00 a.m1:00 p.m.	2/8	\$32	EPFH	10–13

### **Rising Stars Basketball**

#### 9 Weeks • Ages 5-7

Is your child interested in playing basketball? If so, join us this fall for a fun, action packed developmental basketball program. We will teach your child the rules and basic fundamentals of the game in a fast paced, upbeat environment. Each Saturday we will run 20 minutes of drills and stations followed by a controlled 40-minute game. All drills and games are run by 549 coaches. Our goal is to make this a positive educational experience for your child! Each participant will also receive a reversible jersey!

#### Instructor: 549 Sports

Sa	1:00–2:00 p.m.	2/1-3/28	\$135	EVCC
** Non-	- refundable material fee	of \$15 due th	e first day o	f class

#### **Saturday Youth Tennis**

#### 5 Weeks • Ages 7–15

Give your child the opportunity to learn a lifelong sport, develop hand-eye coordination and agility, and build selfconfidence. Children will learn basic strokes in a fun and supportive group lesson. Bring tennis racket, and one can of new unopened "extra duty" tennis balls.

#### Instructor: Don Pham

Sa	10:00-11:00 a.m.	1/11-2/8	\$50	KCP 7+8
Sa	10:00–11:00 a.m.	2/15-3/14	\$50	KCP 7+8
Sa	10:00–11:00 a.m.	3/21-4/18	\$50	KCP 7+8

### **Youth Tennis**

#### 5 Weeks • Ages 7-15

Give your child the opportunity to learn a lifelong sport, develop hand-eye coordination and agility, and build self-confidence. Children will learn basic strokes in a fun and supportive group lesson. Bring tennis racquet and one can of new, unopened "extra duty" tennis balls.

#### Instructor: Don Pham

<u>Sessi</u>	<u>on 1</u>					Ages
Beg.	Т	3:30–4:30 p.m.	1/14–2/11	\$50	KCP 7+8	7–10
Int.	Т	4:30–5:30 p.m.	1/14–2/11	\$50	KCP 7+8	11–15
<u>Sessi</u>	on 2					
Beg.	Т	3:30–4:30 p.m.	2/18-3/17	\$50	KCP 7+8	7–10
Int.	Т	4:30–5:30 p.m.	2/18-3/17	\$50	KCP 7+8	11–15
<u>Sessi</u>	<u>on 3</u>					
Beg.	Т	3:30–4:30 p.m.	3/24-4/21	\$50	KCP 7+8	7–10
Int.	Т	4:30–5:30 p.m.	3/24-4/21	\$50	KCP 7+8	11–15

# Wacky Art & Science Adventures

#### 4 Weeks • Ages 5–12

Science offers children many opportunities for observation and exploration. Through hands-on experiences we will explore different science concepts, engage in fun activities and make fun science experiments.

#### Instructor: Lakeisha Holley, Children Art and More

Т	4:30–5:30 p.m.	2/25-3/17	*\$66	EVCC
W	4:30–5:30 p.m.	4/8-4/29	*\$66	EVCC

\*\$5 non-refundable material fee due at first class

# **Discovery Spring Break Camp: Out of This World**

April 6–10, 2020 • \*\$125/week or \*\$40/day Monday-Friday • 7:00 a.m.-6:00 p.m. Ages 5-12

#### Washington Park Recreation Building 501 North Rose, 92027

5, 4, 3, 2, 1...Blast off into a world of games, crafts, STEM, and fun. Your mission is to discover some of the spectacular elements outer space has to offer. Create moon rocks, balloon rockets, solar systems, galaxy slime, and more! Suit up to explore the great unknown! Journey with us to the San Diego Air & Space Museum to check out some awesome space crafts, satellites, and more. Don't just look at the stars, be one!

\*Field trip shirts required, for \$5 purchase





#### Aikijutsu, Basic Karate & Shoto 4/5 Weeks • Adult

Join us for exciting classes using traditional solid wood weapons, open techniques, meditation, and calligraphy. Each session meets three days a week and is \$45 per session. Judo Gi will be needed after first week.

#### Instructor: Tom Alaniz

Session 1				
Т	8:00–9:00 p.m.	1/7–1/31	\$45	EVCC
TH/F	6:30–7:30 p.m.			
Session 2				
Т	8:00–9:00 p.m.	2/4-2/28	\$45	EVCC
TH/F	6:30–7:30 p.m.			
Session 3				
Т	8:00-9:00 p.m.	3/3-4/2	\$45	EVCC
TH/F	6:30–7:30 p.m.			

# Intro to Outdoor Rock Climbing

#### Workshop • Adult

Experience the great outdoors in a new and fun way! Introduction to Outdoor Rock Climbing will focus on fundamental techniques, safety instruction, and equipment overview with professionally trained guides from the American Mountain Guide Association. Climbing Rated Gear and parking is provided in cost of program. Workshop will meet at Trout Cove parking lot at Dixon Lake. Parking fee not included.

#### Instructor: Golden State Guide Staff

6~	10,00 a m 10,00 m m	*0/1	¢E0	DVN
Sa	10:00 a.m.–12:00 p.m.	*2/1	\$50	DXN
Sa	10:00 a.m.–12:00 p.m.	*2/15	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*2/29	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*3/14	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*3/28	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*4/11	\$50	DXN
Sa	10:00 a.m12:00 p.m.	*4/25	\$50	DXN

\*Weather permitting

# Drone Pilot School

### 5 Weeks/2 Days • Adult

This class is a grounded course study designed to allow drone pilots to achieve their Part 107 UAS pilot license. Does not include cost for the test.

#### Instructor: Steve Esquilin

T/Th	6:00-9:00 p.m.	1/7-2/6	\$200	EVCC
T/Th	6:00-9:00 p.m.	3/31-4/30	\$200	EVCC

### **Paint Party**

#### Workshop • Ages 7–Adult\*

Are you ready for creative family fun? Paint events have been gaining popularity, but now it is time for the whole family! In this workshop, with step-by-step instructions, you will create a work of art on a canvas. No experience is necessary, just a touch of creative adventure and a good sense of humor. *Parent participation is required*.

#### Instructor: Kari Aellig

1:30–4:00 p.m.	1/25	**\$20	EVCC
1:30-4:00 p.m.	2/22	**\$20	EVCC
1:30-4:00 p.m.	3/28	**\$20	EVCC
1:30-4:00 p.m.	4/25	**\$20	EVCC
	1:30–4:00 p.m. 1:30–4:00 p.m.	1:30-4:00 p.m.         2/22           1:30-4:00 p.m.         3/28	1:30-4:00 p.m.         2/22         **\$20           1:30-4:00 p.m.         3/28         **\$20

\*It is required for ages 7–15 to attend with an observing or enrolled adult

\*\*\$5 non-refundable material fee due at workshop (cash only)





# AKC Star Puppy

Socialize your puppy while they learn to sit and stay, walk on a loose leash, come when called and more! This class is ideal for puppies 14 weeks to 6 months of age. Be sure to bring lots of your dog's favorite treats, a 6 foot leash and a toy.

#### Instructor: Teri Brown

Sat	9:00–10:00 a.m.	1/4-2/8	\$80	RMP

#### Tae Kwon Do

#### 12 Weeks • Ages 6-Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial arts of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Judo (throwing and grappling), and basic weapons. Become more confident and learn basic self-defense techniques.

#### Instructor: Skip Leonard, 6th Degree Black, Certified by WTF

M/Th	5:00-6:00 p.m.	*1/2-3/30	**\$110	MCC
M/Th	6:15–7:15 p.m.	*1/2-3/30	**\$110	MCC
M/Th	7:30-8:30 p.m.	*1/2-3/30	**\$110	MCC
M/Th	5:00–6:00 p.m.	4/2-6/18	**\$110	MCC
M/Th	6:15–7:15 p.m.	4/2-6/18	**\$110	MCC
M/Th	7:30-8:30 p.m.	4/2-6/18	**\$110	MCC

\*No class on 1/20 & 2/17

\*\*Martial arts uniform is required and may be purchased from the instructor for \$20 (cash only)

### **Basic Flamenco Dance**

#### 5 Weeks • Adult

Bring your desire and willingness to discover the beautiful movements of Spanish dance. Learn the basics of Flamenco, its various rhythms, and simple choreography. No dance experience or partners needed. *Women should wear medium to long length flowing skirts and closed (toe and heel) shoes with short heels.* 

#### Instructor: Juanita Gallardo

Т	6:00-7:00 p.m.	*1/7–2/11	\$75	PACC
Т	6:00–7:00 p.m.	3/10-4/7	\$75	PACC
*No class on 1/21				



#### Intro to Aquarium Keeping Workshop • Adult

Learn the art and ease of maintaining a beautiful and healthy freshwater aquarium in Escondido's only tropical fish shop, The Love Aquarium! Listed below are a different series of workshops that help enhance your knowledge on how to understand the ins and out of how an aquarium works and how to keep it beautiful and healthy. This series of workshops will enhance your knowledge of the ins and outs of how to keep your aquarium beautiful and healthy.

#### Instructor: Doug Clark

#### Session 1: Intro to Freshwater

Th	7:00-8:30 p.m.	4/2	\$30	TLA
Session 2: Intro to Planted Aquariums				
Th	7:00-8:30 p.m.	4/9	\$30	TLA
<u>Session 3: Intro to Saltwater</u>				
Th	7:00–8:30 p.m.	4/16	\$30	TLA
Session 4: Intro to Reef Keeping				
Th	7:00–8:30 p.m.	4/23	\$30	TLA
	N.			

# Recycle Quilting

Make a quilt out of used clothing-pants, shorts, dresses, and even curtains! No need to throw them away. Gather them up and let's make quilts together (sewing machine required).

#### Instructor: Stacie Lemmons

W 6:30–8:00 p.m.	1/15-2/5	\$40	EVCC
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Beginning Upholstery

Learn how to upholster a small household project, like living room chairs or an ottoman. For the first class bring project pieces to class. Second class, bring project piece, fabric, scissors, measuring tape, chalk, staple gun, and staples.

#### Instructor: Stacie Lemmons

Week: 11:00-2:00 p	.m. Week 2	: 1:00–5:00 p.r	n.
Sa	3/7-3/14	\$125	EVCC

\*No class on 1/21

(760) 839-4691 / recreation.escondido.org / f @CitvofEscondido / 🙆 @CitvofEscondido / FOLLOW US!



### DATE NIGHT: An Evening in Paris Workshop • Ages 21+

Experience French Cooking without the hassle of travel. Your French born cooking instructor, Celine, will walk you through some of the great classics, and it will be a night you'll always remember. Menu: chicken normandy (chicken cooked with mushroom and onion in a wine mustard sauce), creamy leek and potato mash, and individual molten chocolate lava cakes. Price is set per person.,

#### Instructor: Celine Cossou

F	6:15-8:15 p.m.	4/24	*\$38	EVCC
*\$5 Non-	refundable material fee	due at class (	cash only)	

### **Country Sole Line Dancing**

#### 4 Weeks • Adult

Learn the classic and newest line dances actively done at dance halls throughout Southern California. Just getting started? Dances are broken down step-by-step. Already have experience? Try incorporating challenging variations. Music ranges from Garth Brooks to Bruno Mars. Goal: to shine a fun light on the line dance world. Boots are not required.

#### Instructor: Byran Roberson

#### Beginner

W	5:30–6:30 p.m.	1/8-1/29	\$45	PACC		
W	5:30–6:30 p.m.	2/12-3/4	\$45	PACC		
W	5:30-6:30 p.m.	*3/18-4/15	\$45	PACC		
<u>Experienc</u>	Experienced					
W	6:40–7:40 p.m.	1/8-1/29	\$45	PACC		
W	6:40–7:40 p.m.	2/12-3/4	\$45	PACC		
W	6:40–7:40 p.m.	*3/18-4/15	\$45	PACC		
	1.10					

\*No class on 4/8

### T'ai Chi / Chi Gong

#### 15 Weeks • Adult

Reduce stress, increase energy, and improve physical and mental health by learning the slow, relaxed movements of T'ai Chi & Chi Gong. Learn how to handle stress and change, obtain higher energy levels, and achieve internal and external balance and harmony in your life. All fitness levels welcome.

#### Instructor: Nina Deerfield, Certified Martial Arts Master

W 5:15-6:10 p.m. 1/8-4/15 \$180 MCC



### **Pound<sup>™</sup> Rockout Workout** 5 Weeks • Adult

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates inspired movements. POUND transforms drumming into an incredibly effective workout!

#### Instructor: Barbara Fluetsch, Cynthia Demorest, or Katie Silva, **POUND** Certified

Session 1				
Μ	6:00–7:00 p.m.	*1/13-2/24	\$35	EVCC
Т	6:30–7:30 p.m.	1/14-2/11	\$35	PACC
Sa	9:15-10:15 a.m.	1/18-2/15	\$35	MCC
Session 2				
Μ	6:00–7:00 p.m.	3/2-3/30	\$35	EVCC
Т	6:30–7:30 p.m.	2/18-3/17	\$35	PACC
Sa	9:15-10:15 a.m.	2/22-3/21	\$35	MCC
Session 3				
Μ	6:00–7:00 p.m.	4/6-5/4	\$35	EVCC
Т	6:30–7:30 p.m.	*3/24-4/28	\$35	PACC
Sa	9:15-10:15 a.m.	*3/28-4/25	\$35	MCC
*NT1	- 4/00 0 47 8 4/7			

\*No class on 1/20, 2,17, & 4/7

#### \*\* Free trial class on 1/6, 1/7, & 1/11

\*\*\*Bring a yoga mat or towel



5 Weeks • Ages 12-Adult REFIT<sup>®</sup> is a life-changing group fitness experience that rocks your body, heart, and soul with powerful moves and

positive music, to inspire you from the inside out. Powered by human connections, we turn boring, have-to workouts into a can't-miss community fitness experience.

#### Instructor: Cynthia Demorest, REFIT Certified

Т	6:30–7:30 p.m.	1/14-2/11	\$35	EVCC
Т	6:30–7:30 p.m.	2/18-3/17	\$35	EVCC
Т	6:30–7:30 p.m.	*3/24-4/28	\$35	EVCC

\*No class on 4/7

#### \*\*Free trial class on 1/7

Winter-Spring 2020 • January-April

# **Adult Ballet**

#### 13 Weeks • Ages 15-Adult

Ballet is not just for kids! We will practice basic barre exercises, stretches, and center combinations to beautiful music. This class is designed to improve strength, flexibility, coordination, and balance.

1/8-4/1 \$130

EVCC

6:00-7:00 p.m.

#### Instructor: Cindy Ahler

Beg/Int. W

**REV+FLOW** 5 Weeks • Adult

REV+FLOW is a dynamic workout that's easy on your joints without compromising the intensity of your workout. REV+FLOW strengthens bodies and sculpts muscles through targeted, music based movements and resistance training. Challenge your body in new and unique ways through easy-to-follow movements and uplifting music. All fitness levels welcome!

#### Instructor: Cynthia Demorest, REFIT Certified

W	6:30–7:30 p.m.	1/15-2/12	\$35	EVCC
W	6:30–7:30 p.m.	2/19-3/18	\$35	EVCC
W	6:30–7:30 p.m.	*3/25-4/29	\$35	EVCC

\* No class on 4/8

\*\* Free Trial class on 1/8

### **Pilates Yoga Flow**

#### 5 Weeks • Adult

Pilates Yoga Flow is a fun, energizing, stress reducing workout! It combines the best of Pilates and Yoga into one full body workout. It is designed to build strength, balance, flexibility and awareness by using the breath in combination with a series of precise body movements and poses.

#### Instructor: Kerry Hutchinson and Annette Wanders, Pilates Mat Certified and Yoga Certified

Session 1				
Μ	6:30–7:30 p.m.	*1/6-2/10	\$40	EVCC
W	6:30–7:30 p.m.	1/8-2/5	\$40	MCC
Session 2				
Μ	6:30–7:30 p.m.	2/24-3/23	\$40	EVCC
W	6:30–7:30 p.m.	2/12-3/11	\$40	MCC
Session 3				
Μ	6:30–7:30 p.m.	3/30-4/27	\$40	EVCC
W	6:30–7:30 p.m.	3/18-4/15	\$40	MCC
	1 (22			

\*No class on 1/20

\*\*Bring a yoga mat or towel

#### Adult Beginning Ice Skating 19 Weeks • Ages 16–Adult

Has someone told you that you are too old to ice skate? Let's prove them wrong! Whether you've always wanted to ice skate but never tried, or you used to skate and want to get back into it, join us for some fun. You will learn basic skating skills, gain confidence, and learn to feel comfortable on the ice.

#### Instructor: Ice-Plex Staff

W	6:30-7:00 p.m.	1/8-2/26	**\$85	ICE
W	6:30–7:00 p.m.	3/4-4/22	**\$85	ICE

Includes skate rental & public skating from 3:00–5:00 p.m. on day of class

# **Irish Dance Recital**

#### 8/9 Weeks • Ages 8-Adult

Want to learn how to do a jig? Come learn jigs, reels, hornpipes, and more, all while getting in great shape and having fun!

#### Instructor: Jessica Eaton, Experienced Irish Dancer

Т	5:00-6:00 p.m.	1/7-2/25	\$60	EVCC
Т	5:00-6:00 p.m.	3/3-4/28	\$68	EVCC

#### **Comfortable Movement, The Feldenkrais Way**<sup>®</sup> 5 Weeks • Ages Adult

Back pain? Stiff neck? Painful knees? If you have muscular or joint pain, this is the class for you! No matter why you have pain (injury, arthritis, "old age", etc.), improving the way you move can improve your comfort and may eliminate your pain. No equipment, Stretching, exercise—just movement anyone can do.

#### Instructor: Anita Noone

Т	10:00–10:50 a.m.	1/7-2/4	\$65	MCC
Т	10:00–10:50 a.m.	3/31-4/28	\$65	MCC

### **Yoga Flow—All Levels**

#### 5/6 Weeks • Adult

All Levels yoga flow is a fun and stress reducing workout that promotes longevity and mental peace. The focus is on strengthening the body and gaining flexibility all while centering the mind for beginners and advanced students who are looking to deepen their practice. Please bring your own mat to practice on.

#### Instructor: Annette Wander

F	8:30-9:30 a.m.	1/10-2/14	\$48	EVCC
F	8:30-9:30 a.m.	2/21-3/20	\$40	EVCC
F	8:30-9:30 a.m.	3/27-4/24	\$40	EVCC

#### Tennis

Session 1

#### 5 Weeks • Ages 16-Adult

**Beginners (Beg.):** Covers forehand, backhand, service, rules, and court etiquette for the beginning player.

**Intermediate (Int.):** Focuses on ground strokes and use of spins, volley, footwork, and positioning. Players should be able to rally, play out points, and have some match experience.

#### Instructor: Don Pham

Int.	М	6:00–7:30 p.m.	*1/13-2/24	\$60	KCP 7+8
Beg.	W	6:00–7:30 p.m.	1/15-2/12	\$60	KCP 7+8
Int.	W	7:30–9:00 p.m.	1/15-2/12	\$60	KCP 7+8
Beg.	Sa	11:00 a.m.–12:00 p.m.	1/18-2/15	\$60	KCP 7+8
<u>Sessio</u>	n 2				
Int.	М	6:00–7:30 p.m.	3/2-3/30	\$60	KCP 7+8
Beg.	W	6:00–7:30 p.m.	2/19-3/18	\$60	KCP 7+8
Int.	W	7:30–9:00 p.m.	2/19-3/18	\$60	KCP 7+8
Beg.	Sa	11:00 a.m12:00 p.m.	2/22-3/21	\$60	KCP 7+8
<u>Sessio</u>	<u>n 3</u>				
Int.	М	6:00–7:30 p.m.	4/6-5/4	\$60	KCP 7+8
Beg.	W	6:00–7:30 p.m.	3/25-4/22	\$60	KCP 7+8
Int.	W	7:30–9:00 p.m.	3/25-4/22	\$60	KCP 7+8
Beg.	Sa	11:00 a.m12:00 p.m.	3/28-4/25	\$60	KCP 7+8
*No al		1/20 8. 2/17			

\*No class on 1/20 & 2/17

# **Escondido Recreation Adult Softball League**

## Spring 2020 • 10 Week season plus playoffs

#### Divisions

All players must be 18 years of age to play in adult leagues unless otherwise posted for + divisions.

- Monday—Coed A, B, C, & D
- Tuesday—Coed A & B
- Wednesday—Coed 35+ A & B
- Thursday—Men's 35+ A & B
- Friday—Men's A, B, C, & D

#### Fee

- Team Fees—\$400, Spring 2020
- Umpire & Scorekeeper Fees—\$22 per game per team



Season	Game Days	<b>Registration Open</b>	<b>Registration Closes</b>	Schedule Hand-Out	Season Dates
Spring 2020	M—F	January 13, 2020	February 21, 2020	February 26, 2020	March 2–May 29, 2020

Registration packets for coed & men's leagues will be available by email, at City Hall, or on our website at recreation.escondido.org. For more information, call (760) 839-4691.

# Pickleball at the East Valley Community Center

Tuesday & Thursday 9:00 a.m.-12:00 p.m.

Sundays 9:30–11:30 a.m.

\*See more details on page 26

# **Open Skate**

All ages are welcome! Open Skate is the perfect environment to practice your skating, stick handling, shooting, and other hockey skills and techniques.

Sessions: Tuesdays from 3:00–4:00 p.m. Thursdays from 3:00–4:00 p.m.

#### Fee: \$2 per participant

All participants must have a valid Sports Center ID Card or Liability Waiver on file. Must wear all hockey equipment, helmet included. All participants, 14 and under, must be supervised by parent/guardian at all times.

# **Adult Pick-Up Hockey**

Our Pick-Up Hockey sessions are an awesome way to get a game together! These two hour sessions are perfect for new players looking for a team or current players looking for some extra rink time during the week!

#### **Sessions:** Thursdays from 8:00–10:00 p.m.

#### Fee: \$2 per player

All participants must have a valid Sports Center ID Card or Liability Waiver on file. Must wear all required hockey equipment, helmet required.

# **Adult Roller Hockey Leagues**

Gear up for the 2020 Winter/Spring roller hockey league set to begin in January–April 2020. This league includes all levels of play which includes four divisions: Novice, Intermediate, Advanced and 30+. Games are played on Sunday, Monday, and Tuesday evenings. If you do not have a team please call our office to be placed on an interest list.

Winter/Spring	
Season:	January 19–April 19, 2020 *No games week of April 2020
<b>Registration</b> :	December 2–June 6, 2020
Fee:	\$950 per team (up to 14 players)
Game Days:	30+ Sundays Advanced–Mondays Intermediate–Tuesdays Novice–Tuesdays

# Call the Escondido Sports Center for detailed information at (760) 839-5426.



# Lifeguard Training/Title 22 Certificate Course American Red Cross Ages 15–Adult

Lifeguarding puts you in an exciting position, working as part of a team to help people safely enjoy the water. This course trains students in surveillance skills to help recognize and prevent injuries, rescue skills in the water and on land, first aid training and CPR for the professional rescuer, as well as professional lifeguarding responsibilities. The American Red Cross Lifeguard training course makes learning fun and easy.

#### Instructor: ARC Certified LGI

#4282.101	M-F	8:00 a.m6:00 p.m.	4/6-4/10	\$325	WP
#4282.102	Sa/Su	8:00 a.m6:00 p.m.	4/18-4/26	\$325	WP

#### **Prerequisites**

Swim 300 yards continuously demonstrating rhythmic breathing and stabilization, as well as propellant kick. Rhythmic breathing can be performed either by breathing to the side or front. Swim 20 yards using front crawl or breaststroke, surface dive to a depth of 7–10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards back to the starting point, and exit the water within 1 minute, 40 seconds. Tread water, legs only, for 2 minutes.

Lifeguard Training/Title 22 Certificate include materials. Contact (760) 839-4204 for more information.



# **Renegade Swim Program**

The Renegade program has partnered with the City of Escondido to promote the sports of swimming and water polo in a safe, friendly, and educational environment. The experienced coaching staff will focus on technique and skill development, help the athletes improve, and introduce them to competition at meets throughout San Diego county and southern California. There is a wide range of practice groups, from the beginning novice level to the elite high school competitive athletes.

Participants have the option to swim at either the Washington Park municipal pool (501 North Rose Street) or the Boys & Girls Club (835 West 15th Avenue). The teams practice year round, and both pools are heated during the colder months.

For additional information on the Renegade programs, including practice times and fees, please visit the team website at **www.renegadeaquatics.com**.

# **Escondido Recreation Youth P.A.L. Basketball League**

### Coed Divisions • 8 week season

Divisions: • B League: Ages 11–13	<b>Cost</b> \$55	Winter-Spring 2020 #4131.103
<ul> <li>B League: Ages 11–13</li> <li>C League: Ages 9–10</li> </ul>	\$55 \$55	#4131.102
• D league: Ages 7–8	\$55	#4131.101

#### **Practices:**

1–hour practice, once a week Tuesdays between 6:00–9:00 p.m. or Wednesdays between 6:00–9:00 p.m.

#### Games:

Saturdays

East Valley Community Center, 2245 East Valley Parkway, Escondido, 92027

Season	Game Days	Registration Open	<b>Registration Closes</b>	Season Dates
Winter-Spring 2020	Saturday	December 9, 2019	January 11, 2020	February 18–May 9, 2020

• First practice will be February 18 & 19, 2020.

- Division C and D players will be assessed on **January 25**, **2020**. Division D will be at **10:00 a.m.** and Division C will be at **11:00 a.m.** Division B will be assessed and drafted on **February 1**, **2020 at 10:00 a.m.**
- Selected volunteer coaches will receive one FREE registration for their child.
- No requests for placement with a friend or carpool will be considered. All teams will be balanced to ensure fairness and fun for everyone!

More information can be found on our website at recreation.escondido.org

# Check out our League Partners who provide the best option for Outdoor Soccer, Football, and Cheer!



www.escondidosoccerclub.com



www.epwwolfpack.com



# NEW LEAGUES START IN MARCH!

For more information contact www.sdinlinehockey.com



# **Youth Arena Soccer Leagues**

Seasons	<b>Registration Dates</b>	Season Dates	<b>Registration Fee</b>
Winter	November 18, 2019–	January 16–	Ages 3–4: \$75
2020	January 3, 2020	March 14, 2020	Ages 5–14: \$80

The Escondido Sports Center Youth Arena Soccer League is a great first step for those kids looking to try out soccer. Our program focuses on teaching the fundamentals of the game in a safe noncompetitive environment. We prioritize participation and learning over winning, when everyone plays, everyone learns. Once fundamental skills are learned, the focus becomes about developing those skills to a more competitive level. You will be contacted the week before the season begins with your team assignment.

Divisions	Primary Day & Time (Approximate)	Practice Days	Alternate Day & Time (If needed)
3 & 4 years	Saturday, 8:30 a.m.–2:00 p.m.	n/a	n/a
5 & 6 years	Thursday, 4:30–8:00 p.m.		Saturday, 11:00 a.m.–2:00 p.m.
7 & 8 years	Friday, 4:30–8:00 p.m.	Monday, Tuesday, or Wednesday afternoon/evening (Depending on the coach assignment)	Saturday, 11:00 a.m.–2:00 p.m.
9–11 years	Thursday, 4:00–7:00 p.m.		Friday, 4:00–5:30 p.m.
12–14 years	Friday, 4:00–7:00 p.m.		Saturday, 11:00 a.m.–2:00 p.m.

#### For more information visit sportscenter.escondido.org or call (760) 839-5426



New soccer turf coming in Spring 2020, please check in with us for updates on the Spring soccer season at sportscenter.escondido.org or call (760) 839-5426

# Lil Sluggers Baseball

Lil Sluggers is a child development program created to introduce children to the game of baseball. Lil Sluggers classes develop important



skills such as throwing, catching, hitting, and base running. Developmentally appropriate equipment and games are used to teach your child the game of baseball in a fun, exciting, and positive environment.

Majors • 3–4 years Hall of Famers • 5–6 years



# Lil Kickers Soccer

Lil Kickers is a national, non-competitive child development program for boys and girls ages 18 months to 9 years. Your kids will have a blast learning the fundamentals of soccer plus a whole lot



more. Lil Kickers experienced instructors use creative, high energy games to build self-esteem, coordination and the perfect preparation for youth recreational leagues.

Bunnies 18–24 Months (Parent/Child)
Thumpers 2–3 Years (Parent/Child)
Cottontails 21/2-31/2 Years (Parent/Child)
Hoppers 3–4 Years (Beginner)
Jackrabbits 3–4 Years (Intermediate)
Big Feet 5–6 Years (Beginner)
Micro League 4–5 Years (Instruction/Scrimmage)
Micro League 6–9 Years (Instruction/Scrimmage)
Skills Level 1 5–6 Years (Micro Experience Only)
Skills Level 2 (Skills/Experience Only)

For more information to register, call (858) 748-4260 or visit ncspsoccer.com



# **Escondido Skate Park SCOOTER • BIKE • SKATE • INLINE**

#### Escondido Sports Center, 3315 Bear Valley Parkway

The Skate Park sessions are designed with extreme sports in mind. If you want to ride scooters, skateboards, inline skates, or bikes, this is the place for you! Each session is supervised by staff who can boost skills from beginning to advanced riders.

Equipment:
------------

ESC I.D. Card:

Helmet (required), Knee & elbow pads (optional)

All Sessions:

\$10 Casual (one-day):

\$10	
Requires a one-day waiver signed	d
(If a minor, parent must sign)	
\$5 with ESC I.D. card	

Winter/Spring Hours	
lovember 2, 2019–March 9, 2020)	

Monday-Friday	3:00–5:00 p.m.
	5:00-7:00 p.m.
Saturday–Sunday	1:00–3:00 p.m.
	3:00–5:00 p.m.
	5:00–7:00 p.m.

#### Spring/Summer Hours (March 8–November 4, 2020)

Monday-Friday

Saturday–Sunday

3:00-5:00 p.m. 5:00-7:00 p.m. 7:00-9:00 p.m. 1:00-3:00 p.m. 3:00-5:00 p.m. 5:00-7:00 p.m. 7:00-9:00 p.m.

# **First Try Sundays**

#### Join us on the first Sunday of each month from 12:00-1:00 p.m.

Learn how to scooter in a safe, supportive, and comfortable environment with expert instructions from an experienced rider. This program is designed to teach the new rider the fundamentals of scooter safety, skate park etiquette and flow, ramp skills, and beginner trick progression. No prior experience needed.

> January 5, 2020 March 1, 2020

February 2, 2020 April 5, 2020

Contact the SDSF Pro Shop for scooter rental options at sdsfproshop@gmail.com.



Follow us on Instagram! (760) 839-5426.

# EPARK HDAY PARTIES

### **Saturdays & Sundays** Before the 1:00 p.m. skate park sessions

- \$75 per hour
- Up to 30 riders
- Exclusive use of the skate park

All birthday party participants must have a current Escondido Sports Center ID Card or a one-day waiver, signed by their parent/legal guardian.

To book your party, or for questions, please call

# For more information visit sportscenter.escondido.org or call (760) 839-5426.



# **East Valley Community Center Gym Activities**

#### East Valley Community Center, 2245 East Valley Parkway

Looking to play a little pick-up basketball, spike a volleyball, swat a birdie, or hit a pickleball, then the EVCC gym is the place for you!

What:	Basketball,	Volleyball, Badm	inton, and Pickleball
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When: Mondays–Sundays

- Who: All Ages or Adults Only-depending on open gym schedule All players under the age of 18 must have an emergency card on file
- Fee: \$3 per person entering the gym, per visit. No charge for spectators accompanying minors Ask us about Open Gym Card for cost savings!

# For the most recent schedule updates, visit recreation.escondido.org/open-gym or call (760) 839-4382.

Gym schedule is subject to change without notice.

# **Pee Wee Play Time**

Created for experts in rolling, crawling, waddling, and trotting! This open gym time is just for you and your favorite explorer!

Your child can crawl through tunnels, run through obstacles, and throw balls while enjoying music and socializing with other children. All activities are parentled and self-guided. Drop in for 30 minutes or stay for a couple of hours.

Every Wednesday • 9:00 a.m.-12:00 p.m.

Ages 0-5 • \$3 for first child, each additional child \$1

Location: EVCC • (760) 839-4382



EVCC Hours of Operation		
Monday-Friday	9:00 a.m.–8:30 p.m.	
Saturday	8:30 a.m.–4:30 p.m.	
Sunday	Open for private rentals	

# **Open Gym Pickleball**



#### **Pickleball Weekly Schedule**

-	
Sunday	9:30–11:00 a.m.
Tuesday & Thursday	9:00 a.m.–12:00 p.m.
Fee	\$3 per session or \$50 for 20 sessions
*Subject to change without notice	

\*Subject to change without notice

# **Dixon Lake Picnic Information**

Picnic shelter reservations can be made Monday through Friday, 7:00 a.m. to 4:00 p.m., by calling (760) 839-4045. Walkin reservations can be made at the Concession Building at Dixon Lake, 1700 La Honda Drive, Escondido. **Additionally**, **you can make picnic shelter reservations on line by going to www.camplife.com and entering Dixon Lake in the search field**. Picnic reservations can be made up to 90 days in advance. Please note that jumpers are allowed only in certain areas of the park, and a jumper permit must be obtained prior to your event. You cannot obtain a jumper permit on line; you must call the Reservation Line at (760) 839-4045 for the permit. Please call at least 2 weeks in advance for jumper permits, as your vendor must meet minimum insurance and licensing requirements and be from our list of approved and licensed vendors.

# ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED.

Reservations will only be accepted with payment of all use fees and reservation fee.

The parking fee at Dixon Lake is \$5 per vehicle per day on weekends, holidays and special events, including trout derbies. CASH ONLY, PLEASE.



#### Fees

Picnic Shelter/Group BBQ Section (25 people per section) \$30/section

Air Jump/Rock Climbing Wall Insurance Verification Fee \$20

# **Kit Carson Park Rentals**

Reservations must be made in person at Escondido City Hall a minimum of 1-week in advance or a maximum of 6-months in advance. To add an air jump, there will be an additional \$20 fee, and a list of approved companies will be provided at the time of reservation. Please note: the air jump permit fee is the same across all parks and can be made by calling the number listed below.

For pricing & availability, please call (760) 839-4691



# East Valley Community Center Meeting Room Rentals

Book your next meeting for your club, or HOA group at the East Valley Community Center! We have plenty of space to host groups both large or small.

Meetings must be booked during normal hours of operation Monday through Friday 9:00 a.m.–8:30 p.m. Saturdays 9:00 a.m.–4:30 p.m. Please view our room listings below with an average price per hour:

#### **Citrus Room**

 $858 \mbox{ sq}$  ft : Max 55 people with the ater style seating  $40 \mbox{ per hour}$ 

#### Grove Room:

858 sq ft : Max 55 people with theater style seating \$40 per hour

#### Vineyard Room:

1,692 square feet. Max 120 people with theater style seating \$70 per hour

Vineyard Room Kitchen: Flat rate of \$30 if booked with Vineyard Room



#### For more information please call (760) 839-4382

Facility Rental Information



#### 210 East Park Avenue, Escondido, CA 92025 Office Hours: Monday–Friday, 8:00 a.m.–3:00 p.m. (760) 839-4688

The Park Avenue Community Center (PACC) serves 500 or more seniors (ages 50+), Monday-Friday with a wide variety of programs, services, activities, and volunteer opportunities. More than 100 organizations and 150 volunteers enjoy participating in social activities and direct services as well as support services at the center. Other activities are offered in the evening and weekends through Community Services, OASIS, Escondido Senior Enterprises, and other community organizations.



# Put some Spring into your step at the PACC!

#### **Feeling Fit**

Mondays & Wednesdays, 9:00–10:00 a.m. & 10:00–11:00 a.m.

#### **Table Tennis**

Tuesdays, 3:00–5:00 p.m. Thursdays, 2:30–4:00 p.m.

#### Shuffleboard

Tuesdays, 9:00 a.m.–12:00 p.m. Wednesdays, 9:00 a.m.–12:00 p.m. 1<sup>st</sup> & 3<sup>rd</sup> Thursdays, 9:00 a.m.–12:00 p.m.

**Pool Room** Monday–Friday, 8:00 a.m.–4:00 p.m.

Visit us online at escondido.org/escondido-senior-center.aspx for the monthly newsletter and lunch menu

# **Senior Center Nutrition Program**

The Nutrition Program is supported by the City of Escondido and the County of San Diego Aging & Independence Services. Nutrition services assist older individuals to live independently by promoting better health and reduced isolation through a program of coordinated congregate meals, transportation and supportive services. Delicious, nutritious meals are served Monday through Friday in our beautiful dining rooms from 11:30 a.m. to 12:15 p.m. For those ages 60 years and older, meals are served for a suggested donation of \$3; for those 59 and younger the cost for the meal is \$5. No eligible person age 60+ will be denied a meal because of inability to contribute. Make reservations at least 24 hours before you plan to join us for lunch, by calling (760) 839-4803. Leave a message to let us know what day or days you would like to dine.

**Transportation**—We offer transportation services to and from the Park Avenue Community Center when you eat lunch with us! Please contact us at (760) 839-4688 to get enrolled in this program today!





# Congratulations 2019 Shuffleboard San Diego Senior Games Winners!



The Shuffleboard Courts have been part of the Park Avenue Community Center (PACC) for over 40 years. The PACC has had the privilege to host the San Diego Senior Games for several years and the participation has grown each time. Our very own seniors here in the PACC have participated and received many awards for their involvement with the sport.

The Shuffleboard Courts are open every Tuesday, Wednesday, and 1<sup>st</sup> & 3<sup>rd</sup> Thursday from 9:00 a.m.–12:00 p.m. The staff at the Park Avenue Community Center as well as the shuffleboard players welcome all seniors that are looking to have a great time with great people.



# **Senior Travel Service**

210 East Park Avenue, Escondido • (760) 745-5414 Open Monday–Friday between 9:00 a.m.-12:00 p.m.

Traveling is an excellent way to get out and keep active! Join us for one of these wonderful, upcoming trips:

- January 20, 2020—Pauma Casino
- March 2020—Laughlin Trip (date and details to be confirmed)
- May 19–21, 2020—Coastal Fun Tour Travel Let's travel up to Split Pea Anderson's for lunch, head to Morro Bay to stay at the Blue Sails Inn and end the day with a dinner cruise. Day 2 we'll head to Felton to board a train through the Redwoods. The evening will be spent in Monterey where you can visit Cannery Row or the Aquarium. Travel back on the last day with a stop in Solvang.



Doors open to the public at 10:45 a.m. and games begin at 12:00 p.m.

Whole packs = \$6

Additional 1/2 packs = \$3 when purchased with a whole pack

# VOLUNTEER ESCONDIDO

#### Volunteering with the City of Escondido is...

- Impactful! Help create a stronger community through service
- Enriching! Learn more by getting involved in your community
- **Connecting!** Make new friends while giving back to our neighborhoods
- Active! Opportunities and new projects happening every day

For more information about volunteer opportunities please contact **Bernadette Bjork** in the City Manager's Office at **760-839-4631** or visit the city's website at **www.escondido.org**  ESCONDIDO City of Choice Environmental Programs

# Soil & Sediment

Although they are natural substances, soil and dirt that enter the storm drain system can cause problems for our waterways.

What Can You Do To Keep Our Waterways Clean?

- Plant shrubs or ground cover and use mulch to keep topsoil in place and prevent erosion.
- Use gravel to stabilize unpaved parking areas and avoid spreading dirt into the street.
- Plan grading or terracing projects during the dry season if possible (typically May – Sept.).
- Cover stockpiles of soil, mulch, and gravel.
- Use drought-tolerant or native plants to reduce water use. Visit www.WaterSmartSD.org for current rebate and incentive programs.
- **Install physical barriers** like rocks or garden edging between your yard and the street or sidewalk.

Thank you for doing your part to protect our waterways. Contact Us For More Information. 760-839-4657 water@escondido.org www.escondido.org/environmental-programs.aspx

# **ESCONDIDO, REPORT IL** Technology and tools for a safe and clean City

**ESCONDIDO** 



ESCOND

Report It! provides a free and simple way to use your smartphone or computer to report:

- Graffiti
- Potholes
- Abandoned shopping carts
- Code and water violations, and more

A picture is worth a thousand words and Report It! makes it a snap.

Download from your app store or start reporting at www.escondido.org/report-it.aspx

**Free Graffiti Removal Kits:** Graffiti removal kits are available by calling the Graffiti Hotline at 760-839-40FF.

For more information, visit: www.escondido.org/graffiti-removal.aspx



# NOW RECRUITING COME JOIN OUR TEAM



If you want to join a hard-working team that shares a commitment to providing top-quality services, consider a career with the City of Escondido.

Visit www.governmentjobs.com/careers/escondido



# Volunteers Needed!

# Openings on the Following Boards:

- PLANNING COMMISSION
- LIBRARY BOARD
- PUBLIC ART

- TRANSPORTATION & SAFE
- BUILDING ADVISORY

# Interested in Applying?

Visit:

www.escondido.org/boards -commissions.aspx

760-839-4617

# JOIN THE CITY OF ESCONDIDO AND THE AMERICAN RED CROSS BY DONATING BLOOD!

Blood drives are being held at the Escondido Community Center, located at 2245 East Valley Parkway, on a set schedule each month. This provides our community with the opportunity to donate blood and assist our local hospitals and their patients. Donating blood only takes an hour and you can save up to 3 lives with each donation!

Our goal is to have 1,585 blood donors join us at Escondido Community Center in the next 12 months which will help save up to 4,755 lives!

The American Red Cross is onsite at Escondido Community Center the first Thursday, second Monday, and second and fourth Saturday each month. Visit www.redcrossblood.org and type in sponsor code: 1TRESC for specific dates and times and to schedule an appointment!





The city and Escondido Disposal provide two ways to recycle your Christmas tree after the holidays. You can cut it in half and place it at the curb on your trash collection day, or you can haul your intact tree to one of two park drop-off sites. Large dumpsters will be available at Kit Carson and Jesmond Dene parks from December 26, 2019 through January 10, 2020. To reach the Kit Carson recycling site, take the park's south entrance to the first parking lot on the right, across from the adult softball complex. At Jesmond Dene, the dumpsters are in the parking lot next to the ball fields. These drop-off locations are for Christmas trees only. Please make sure all of your ornaments, lights and tinsel are removed from your tree. Flocked trees are accepted. If you have any questions, please call Lori Calvert at (760) 839-4361.

# Escondido Public Library

www.escondidolibrary.org



All events are free and open to the public. Programs are sponsored by Friends of the Escondido Public Library.

Sunday Monday-Friday Saturday 1:00 p.m.-5:00 p.m. 9:30 a.m.-7:00 p.m. 9:30 a.m.-6:00 p.m.

Renew materials online or by phone: (760) 738-0249

Improving reading & writing skills for adults. Located on the  $2^{nd}$  floor of the Library.

(760) 839-5440 Volunteer to be a tutor! (760) 839-4819

@escondidolibrary









# Literacy Services' 16<sup>th</sup> Annual SCBABBLE - THON Scrabble<sup>®</sup> Tournament & Fundraiser

Saturday, March 7, 2020 8:00 a.m.–1:30 p.m. Check-in: 8:00–8:30 a.m. Gameplay starts at 9:00 a.m.

Park Avenue Community Center Auditorium 210 East Park Avenue Escondido, CA 92025

> Breakfast & lunch included

# Register online in January 2020 at www.escondidolibrary.org/scrabblethon

For more information call Literacy Services at 760.839.5440. Sponsored by the Escondido Public Library Friends of Literacy Services.

#### **PIONEER ROOM**

Escondido's Local history archive. Located in the Mathes Center next to the Library.

247 South Kalmia Street Escondido, 92025 • (760) 839-4315

Tues 2:00–7:00 p.m. (walk-in)

- Weds 1:00-3:00 p.m. (walk-in)
- 3:00-6:00 p.m. (by appointment) Thurs 1:00-3:00 p.m. (walk-in)

### 3:00-6:00 p.m. (by appointment)

#### FRIENDS BOOK SHOP

Located in the Library. Paperbacks, bestsellers, fiction, videos, magazines, classics, and modern classics. Proceeds from sales fund Library programs.

Mon, Weds, Fri, & Sa 10:00 a.m.-4:00 p.m. Tues & Thurs 10:00 a.m.-6:00 p.m.

# Preregistration is required for all classes. Classes fill quickly so register early! Registration begins December 9, 2019.

# **Online Registration**

#### **Internet Registration**

- Visit our website, **recreation.escondido.org** and click on the link for Online Registration.
- Complete the online registration information, pay by Visa, MasterCard, American Express, or Discover and receive an instant e-mail confirmation.

# Walk-in Registration

#### Two Convenient Locations:

- Community Services Department in City Hall, 201 North Broadway Monday–Friday, 8:00 a.m.–5:00 p.m.
- East Valley Community Center, 2245 East Valley Parkway Monday–Friday, 9:00 a.m.–8:30 p.m. Saturday, 8:30 a.m.–4:30 p.m.

### PLEASE NOTE:

- A nominal, non-refundable processing fee will be added for all registration transactions. Processing Fee subject to change.
- **Registration cannot be taken in class.** Most of our instructors are independent contractors so they cannot process registration; however, they do collect material fees in class (cash only).
- Fees will not be prorated if you register after class has started.
- We no longer accept phone-in registrations due to new credit card laws.
- Unless otherwise requested, refunds will be processed as credit on account by default.
- If requested, check refunds will be mailed within 30 days of receiving confirmation of refund.
- Credit on account expires one year from issue date
- Material Fees are non-refundable

#### How do I request a refund or credit?

#### **Requests for ADA Accommodation**

Qualified individuals with disabilities who wish to participate in Escondido Recreation programs, services, or activities and who need accommodation are invited to present their requests for accommodation to the City by filling out a Request for Accommodation Form or an Inclusion Support Form for Minors; or by calling (760) 839-4691, preferably 72 hours in advance of the event or activity.

To request a refund or credit, please fill out a refund request form at City Hall or the East Valley Community Center. You may also email this form to recreation@escondido.org. The registration processing fee and material fees are non-refundable.

#### Classes (two or more)

- If you choose credit on account, you will receive 100% of the class fees, minus any classes that have occurred. This is the best value!
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class. Additionally, any classes attended or missed will also be deducted.
- All requests for refunds or credits MUST be made before the last class.
- No refunds or credits for missing classes.

#### **One-Time Workshops**

- Requests for refunds or credits MUST be made two business days before the workshop is held. Business days are Monday through Friday 8:00 a.m.-5:00 p.m.
- NO REFUNDS or CREDITS will be given after the deadline.
- If you choose credit on account, you will receive 100% of the class fees.
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class.
- Credit on account is valid for one year from issue date.
- Aquatic classes have a different transfer/refund policy. Call aquatic staff at (760) 839-4382.
- Discovery Kids Camps have a different refund policy. Call Camp staff at (760) 839-5483.

# Your satisfaction is important to us!

Our goal is to provide you with the highest quality recreational programs. If a class doesn't meet your expectations, we want to know about it. Please contact us as soon as possible so we can improve our service.

# **Escondido Fire Department** SUPPORT VOLUNTEERS

# **Seeking Volunteers NOW!**

•50+ years old

•16-20 hours/month

- •Able to lift 40 lbs with a partner
- •Valid drivers license

ESCONDIDO City of Choice

760/839-5419 https://fire.escondido.org/home.aspx

Summer Camp & Learn-to-Swim Registration Opens April 2020!



# Make Memories with Escondido Recreation!

Escondido Recreation will offer 9 weeks of summer classes, camps, and Learn-to-Swim programs for kids of all ages! Get involved in these exciting activities from June through August! Community Services Department City of Escondido 201 North Broadway Escondido, CA 92025–2790



#### \*\*\*\*\*ECRWSSEDDM\*\*\*\*\*

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ECRWSS

# City of Escondido Resource Guide

# **City Departments**

Business License	(760) 839-4659
Building Permits	(760) 839-4647
City Attorney's Office	(760) 839-4608
City Clerk's Office	(760) 839-4617
City Council	(760) 839-4638
City Manager's Office	(760) 839-4631
Code Enforcement	(760) 839-4650
Economic Development	(760) 839-4563
Escondido Community Services	(760) 839-4691
ASES Before & After School Program	(760) 839-5483
East Valley Community Center	(760) 839-4382
Escondido Sports Center	(760) 839-5426
Park Avenue Community Center/Senior Center	(760) 839-4688
o Nutrition & Lunch Reservations (PACC)	(760) 839-4803
• Tiny Tots Preschool	(760) 839-4691
Escondido Public Library	(760) 839-4684
Engineering	(760) 839-4651
Finance	(760) 839-4676
Fire (Non-Emergency)	(760) 839-5400
Housing/Neighborhood Services	(760) 839-4841
Human Resources	(760) 839-4643
Lakes/Ranger Station	(760) 839-4680
Parking Tickets/Citations	(760) 839-4728
Planning	(760) 839-7671
Police (Non-Emergency)	(760) 839-4722
Public Works	(760) 839-4668
Recycling	(760) 839-6216
Report It (Graffiti/Potholes)	(760) 839-4668
Utility Billing (Water, Sewer, Trash, Recycling)	(760) 839-4682
Visit Escondido	(760) 839-4777

# **Community Resources**

Boys and Girls Club, Escondido	(760) 746-3315
California Center for the Arts, Escondido	(760) 839-4138
Chamber of Commerce	(760) 745-2125
County of San Diego	(800) 510-2020
County of San Diego– North County Inland Live Well Center	(760) 740-3000
EDI Trash Services	(760) 745-3203
Education Compact	(760) 839-4515
Escondido Elementary School District Offices	(760) 432-2400
Escondido High School District Offices	(760) 291-3200
Felicita Park (County of San Diego)	(760) 745-8207
Escondido History Center	(760) 743-8207
Escondido Humane Society	(760) 888-2275
John Paul the Great Catholic University	(858) 653-6740
Lake Hodges (SD County)	(858) 694-3049
Meals on Wheels SD County	(760) 736-9900
Neighborhood Healthcare	(760) 520-8100
OASIS Lifelong Adventure	(760) 796-6020
Palomar College, Escondido	(760) 744-1150
Palomar YMCA	(760) 745-7490
Public Transportation (Sprinter/Breeze)	(760) 966-6500
Rincon Water District	(760) 745-5522
San Diego Children's Discovery Museum	(760) 233-7755
San Diego Food Bank	(866) 350-3663
SDG&E	(800) 411-7343
SDSF (Disc Golf/Scooter Pro Shop in Kit Carson Park)	(760) 512-3472
Senior Service Council Escondido	(760) 480-0611
Veteran's Administration, Escondido	(760) 466-7020

Cover photos courtesy of Jesus Ramirez