

On February 11, 2016 the Escondido Fire Department provided staff to support the San Diego county-wide “Love Your Heart 2016” event. This event partnered with local establishments to provide free blood pressure screening and pertinent health education to the public. This is our third year supporting this event and it was another great showing!



The County solicits and partners with the local establishments to provide high visibility locations for the “Love Your Heart” and we provide the staff and volunteers to take blood pressures and provide heart health information. This year we staffed three locations in Escondido throughout the day:

- Northgate Market Escondido: **125** free blood pressure screenings with educational material provided as well as information from 2-1-1 non emergent service.
- Escondido Public Library: **67** free blood pressure screenings with educational material provided as well as some positive interaction with a great many school kids who visited the library.
- Silvercrest Residence: **25** free blood pressure screenings with educational material provided for some very kind and gracious senior residents.



The participants contributed to another wonderful event and provided an excellent opportunity to interact with our citizens. There were many positive comments from our customers about city and the services they receive.

We’d like to extend a very sincere “Thank You!” to our awesome volunteers who represented our department with pride and professionalism:

- EMS Program Coordinator **Jeanne McFarland**
- Firefighter Paramedics **Pat O’Connell** and **Bryan Cagle**
- Paramedics **Ricky Tlapala**, **Tyler Wolf**, and **Josh Kettl**
- Senior Volunteers: **Peggy Graf**, **Rosemary Patterson**, **Stacey Whitney**, **Alice Miguel**, **Wayne Cooper**, RN Extraordinaire **Cathy Tylka**, **Pam Kemp** and **Howard Glickman**.

In addition, a fine group of **Palomar Paramedic Students** who were a great help and represented their school very well.

And finally, big thanks goes to **Captain Tyler Batson** who coordinated the event for the Fire Department for the third year in a row.