

Nutrition Program



The Escondido Senior Nutrition Program has **returned to in person congregate meals.**

Congregate meals are nutritionally balanced meals served indoors at the Park Avenue Café and are designed to sustain and improve participant's health and reduce isolation by promoting socialization. **Seating is limited due to construction and reservations are required.** Masks, physical distancing and all mandatory safety rules will be strictly enforced.

To follow compliance, **Monday, June 14, was the last day of meal delivery.** Limited grab and go meal pick up will continue to be available; reservations are required. Please make arrangements for other food sources as needed.

Lunch Transportation

Lunch transportation services resumed on June 15, and riders must live within the City limits for this service. **Lunch transportation is offered for nutrition participants only.**

Reservations for Meals & Lunch Transportation

Older adults ages 60 and over can sign up for these programs. If you would like to be added to the list for congregate meals or lunch transportation, call 760-839-4803 and leave your name, age, and phone number.

The Escondido Senior Nutrition Program is supported by the City of Escondido and the County of San Diego Aging and Independence Services.

If you would like to make a donation, we would be pleased to accept checks payable to City of Escondido.

Checks can be mailed to the Park Avenue Community Center at:

210 East Park Avenue Escondido, CA 92025